

# LEBANON COUNTY PERSONAL CARE HOMES



Lebanon County Area Agency On Aging

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Lebanon, PA 17046

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[www.lebcounty.org](http://www.lebcounty.org)

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## To The Reader:

The Lebanon County Area Agency on Aging recognizes the difficult decisions that must be made by older individuals and their families when considering placement in a long-term care facility. This directory has been compiled in order to provide information about the many alternatives available and to better enable individuals and their families to make those decisions.

In some situations, in-home services from community agencies may provide the help needed to maintain an individual in his or her home. In other instances, however, it may be clear that a personal care home is the more appropriate choice. We hope that this directory will help to provide enough information to make an informed decision about this difficult choice. However, we suggest that individual personal care homes be contacted directly for more specific information prior to making any final decisions.

Although every effort has been made to provide sufficient information on the different personal care homes, this is not intended to be an exhaustive or all-inclusive directory. It is important to note that a small number of personal care homes in Lebanon County have chosen not to be included in this publication. The directory will be reprinted periodically and information will be revised accordingly.

For more information on anything mentioned in this publication, please contact the Lebanon County Area Agency on Aging, 710 Maple Street, 2<sup>nd</sup> Floor, Lebanon, PA 17046 or phone 717-273-9262.

## INTRODUCTION

The purpose of this directory is to provide a single consolidated source of information about personal care homes in Lebanon County. Information on each facility was furnished by its administrator or owner during an interview. Drafts of this information were also submitted to the administrators or owners for their approval prior to printing.

This directory is not meant to provide an evaluation of each facility. Nor is it intended to take the place of an actual visit to a personal care home. The information was gathered to provide current facts and descriptive information to individuals and families so that their choices about long-term care can be more informed ones.

It is also important to note that there are many differences between the personal care homes represented in this directory. Some provide strictly personal care services, while others exist as part of a larger complex that includes a variety of care alternatives and living arrangements. Furthermore, there is likely to be great variation among facilities regarding staffing.

Personal care homes are required to have an administrator, or a designee who is 21 years of age or older appointed by the administrator, to be on the premises on a 24 hour basis. They are required to maintain a sufficient number of trained staff persons to provide the necessary level of care required by the residents, and to ensure a safe and efficient evacuation of the facility in case of an emergency. The staffing of each facility is based upon the number of residents and their particular needs. Some facilities have various types of staff present on a regular basis (either full-time or part-time), while others might have arrangements for staff to be present on an on-call basis through contractual arrangements with outside agencies. In addition, the manner in which meal preparation, housekeeping and maintenance services are provided varies between homes. In any case, staffing decisions are made at the discretion of each personal care home administrator or owner in accordance with the Personal Care Home Licensing Rules and Regulations. Specific questions about any personal care home should be addressed to its administrative or admissions staff. It is also advisable that individuals, their families and caregivers request a tour of any facility in which they are interested. For more information on the regulations, please visit the PA Department of Human Services' website at [www.dhw.state.pa.us](http://www.dhw.state.pa.us).

## CHOOSING A FACILITY

\*Selecting a Personal Care Home or Nursing Home

Selecting a personal care or nursing home is a very important and often difficult decision. However, with proper planning and adequate information, a decision can be made that will best suit each person's personal needs. The following checklist has been included to help evaluate and choose a personal care home or nursing home objectively.

<b><u>SELECTION CRITERIA</u></b>	<b>NAME OF FACILITY</b>	<b>NAME OF FACILITY</b>
For each facility visited or being considered, you may want to rate and compare the following factors on this basis: "2" for Outstanding; "1" for Acceptable; or "0" for Unacceptable		
<b>APPEARANCE AND GENERAL ATMOSPHERE</b>  Does it have a homelike atmosphere: Comfortable? Attractively furnished? Nicely decorated? Are the patients well-groomed and neatly dressed? Are their rooms clean and comfortable? Are the grounds well cared for?		
<b>GENERAL ADMINISTRATION</b>  Does the administrator have a current license? How recently was the home inspected? Were there any deficiencies? Were they willing to show you around and let you look on your own?		
<b>STAFF MEMBERS</b>  Are the nurses and/or staff members friendly and courteous? Are they attentive and conscientious? Is there high staff morale? Do they enjoy their work? Do they show a caring and positive attitude? Does the nursing home offer career growth opportunities to enhance the quality of their services?		
<b>MEDICAL SERVICES</b>  Who is the physician available for emergencies? Can a resident choose his own physician for routine care? How are the resident and family involved in plans for care? Does the resident have a choice of where prescriptions are purchased? Does the home have a transfer agreement with a nearby hospital and, if so, which one? Will family be notified immediately of a transfer?		

	NAME OF FACILITY	NAME OF FACILITY
<b>RECREATIONAL THERAPY/ACTIVITIES</b>  Are arts and crafts available? Reading and letter writing? Group activities? Social events? Holiday celebrations? Trips and concerts? Visits home? Games? Volunteer visiting programs? Monthly published activities calendar?		
<b>DIETARY SERVICES</b>  Does the facility offer nutritious and appetizing meals? Snacks between meals? Registered Dietician? Special Diets? Do patients seem to enjoy the food? Good kitchen facility? Are meals served in the dining room?		
<b>FINANCIAL ASPECTS</b>  What is the basic rate for care? Are there additional charges for other services such as hair care, laundry, transportation, therapy, etc? What will happen to the resident when private money runs out? How does the home handle personal finances? What happens to any admission deposit, etc., if the resident leaves or dies? Is there any financial assistance available (such as Medicare or Medical Assistance)?		
<b>RELIGIOUS PROGRAMS</b>  Is there a staff chaplain? Pastoral counseling? Religious services? Group counseling? Community pastors' program? Youth Group visits? Bible Study? Goal planning sessions? Positive, uplifting atmosphere?		
<b>SECURITY</b>  Is the facility safe? Fire resistant? Meets local, state and federal fire safety requirements (ask to see their current Fire Safety Inspection document)? Are there around-the-clock fire safety procedures?		
<b>ODOR</b>  Is there an odor problem? Should odors occur, are they eliminated quickly through adequate ventilation?		
<b>ADD SCORES AND COMPARE TOTALS</b>		

## DECIPHERING A STATE SURVEY OF A PERSONAL CARE HOME

Once a year, the Department of Human Services conducts an on-site re-licensing survey of each of the state's nearly 1500 personal care homes. During these inspections, surveyors review resident records and other documentation, paying special attention to the following:

- That resident records are complete and include:
  - The current and previous two years physician's examination reports, including copies of the medical evaluation forms.
  - A copy of the written agreement between the facility and the resident
  - A list of prescribed medications
  - Dietary restrictions, if any
  - An inventory of the resident's personal property as voluntarily declared by the resident upon admission and voluntarily updated
  - A list of allergies, if known
- Unusual incident reports
- Documents which verify employee work schedules to ensure that required staffing levels are met
- A copy of the home's rules
- A weekly activity calendar
- Permits and Certificates
- Waivers (if any have been granted)
- A record of monthly fire drills and fire safety records
- Adherence to posted menus and nutritionally balanced meals
- Administration training and orientation documentation
- Personal care home non-discrimination services, admission and employment policies

If the Department surveyor finds that the personal care home is not in compliance with the licensing regulations, it may issue a Class I, Class II, or a Class III citation. These classifications are based upon the severity, duration, and the adverse effect on the health and safety of residents.

Class I violations have a substantial probability of resulting in death or serious mental or physical harm to a resident

Class II violations have a substantial adverse effect upon the health, safety or well-being of a resident

Class III violations are minor violations which have an adverse effect upon the health, safety or well-being of a resident.

Depending on the nature and classification of a violation of the Personal Care Home Licensing Regulations, the administrator of the home may be required to:

- Pay a fine for each day the violation is left uncorrected
- Give each resident oral and/or written notification of the violation

In addition, the Department of Human Services is required to provide immediate written notification of Class I violations to the appropriate long-term care Ombudsman. To review a home's most recent survey, simply ask the administrator or contact the Pennsylvania Department of Human Services.



## FINANCIAL CONSIDERATIONS FOR PERSONAL CARE HOMES

It is very important to have a clear understanding of the financial requirements of any facility before proceeding with admission. Costs and financial arrangements vary greatly among personal care homes, and each home under consideration should be contacted directly to get specific information.

Depending upon the size, character and services of the home, daily rates will vary. In addition, there may be hidden costs which are not reflected in the daily rate but may add substantially to the bill. For example, medications, medical supplies and appliances, and personal laundry may be extra. Specific items included in the daily rate will vary depending upon an individual's payment source, so it is advisable to discuss coverage with administrative or admissions staff of facilities being considered.

There are typically three ways of paying for personal care home charges: Private Pay, Supplemental Security Income (SSI) supplement, and Long-Term Care Insurance.

- **PRIVATE PAY.** This means paying the personal care home fees out of one's own pocket, utilizing personal resources.
- **SUPPLEMENTAL SECURITY INCOME (SSI) SUPPLEMENT.** SSI is a federal program administered by the Social Security Administration; but SSI is **not** the same as Social Security. The SSI supplement will pay for personal care for persons who need such care and whose income and resources are within certain limits. Eligible persons usually do not need additional insurance because they receive a Medicaid card as well. Not all personal care homes will accept the SSI supplement; therefore, it is important to inquire about this when selecting a personal care home, even if a person expects to enter on a private pay basis. It should be determined whether the personal care home will continue to provide care when a patient's resources are depleted.

Persons receiving the SSI supplement in a personal care home also receive a nominal monthly sum for personal use. In many homes this sum may be used to pay for items not included in the regular charges, such as laundry services, hair care, particular brands of soap and shampoo.

When a person applies for the SSI supplement, an assessment is required to determine if personal care is the proper level of care. This will be done by OPTIONS staff of the Area Agency on Aging.

- **LONG-TERM CARE INSURANCE.** The need for long-term care insurance arises in part from the fact that Medicare does not pay for custodial care, the kind of care that older people need. (Medicare assists only with skilled nursing care).

When a long-term care insurance policy refers to custodial care, it is referring to assistance with activities of daily living (such as bathing, dressing, eating, walking, etc.) which can be provided by someone without special medical skills.

Policies are available to cover the cost of assistance for custodial care and nursing care. Anyone in the market for long-term care insurance should probably purchase insurance that will cover personal care and nursing care, as well as care in the home. It is advisable to thoroughly discuss available policies with an insurance agent to be sure that any policy being considered covers the cost of a personal care home.

Questions and concerns about long-term care insurance can be addressed by the **APPRISE** program. **APPRISE** is a free service provided for persons 60 years of age and over who need help with their Medicare and other health care insurance questions and claims. Lebanon County Area Agency on Aging administers the **APPRISE** program. For further information, call the Area Agency on Aging at 717-273-9262. Collect calls are also accepted.

This program does not endorse any one company or policy and cannot advise the purchase of any particular coverage. **APPRISE** counselors assist with an understanding of the coverage and benefits of a number of policies for purpose of comparison. All decisions as to which policy to carry is made by the consumer.

## PERSONAL CARE HOME RESIDENT'S RIGHTS

The patient and his family should be aware of his basic rights as a resident of a personal care home before being admitted. The personal care home resident has the right to:

- A resident may not be discriminated against because of race, color, religious creed, disability, handicap, ancestry, sexual orientation, national origin, age or sex.
- A resident may not be neglected, intimidated, physically or verbally abused, mistreated, subjected to corporal punishment or disciplined in any way.
- A resident shall be treated with dignity and respect.
- A resident shall be informed of the rules of the home and given 30 days written notice prior to the effective date of a new home rule.
- A resident shall have access to a telephone in the home to make calls in privacy. Non-toll calls shall be without charge to the resident.
- A resident has the right to receive and send mail.
- Outgoing mail may not be opened or read by staff persons unless the resident requests.
- Incoming mail may not be opened or read by staff persons unless upon the request of the resident or the resident's designated person.
- A resident has the right to communicate privately with and access the local ombudsman.
- A resident has the right to practice the religion or faith of the resident's choice, or not to practice any religion or faith.
- A resident shall receive assistance in accessing health services.
- A resident shall receive assistance in obtaining and keeping clean, seasonal clothing.
- A resident has the right to access, review and request corrections to the resident's record.
- A resident has the right to furnish his room and purchase, receive, use and retain personal clothing and possessions.
- A resident has the right to leave and return to the home at times consistent with the home rules and the resident's support plan.
- A resident has the right to relocate and to request and receive assistance, from the home, in relocating to another facility
- A resident has the right to freely associate, organize and communicate with others privately.
- A resident shall be free from restraints.
- A resident shall be compensated in accordance with State and Federal labor laws for labor preformed on behalf of the home.
- A resident has the right to receive visitors for a minimum of 12 hours daily, 7 days per week.

## **PERSONAL CARE HOME RESIDENT'S RIGHTS continued**

- A resident has the right to privacy of self and possessions.
- A resident has the right to file complaints with any individual or agency and recommend changes in policies, home rules and services of the home without intimidation, retaliation or threat of discharge.
- A resident has the right to remain in the home, as long as it is operating with a license.
- A resident has the right to receive services contracted for in the resident-home contract.
- A resident has the right to use both the home's procedures and external procedures to appeal involuntary discharge.
- A resident has the right to a system to safeguard money and property.
- A resident has the right to choose his own health care providers.

## ***Assisted Living Resident Rights***

1. The resident, or a designated person, has the right to rescind the contract for up to 72 hours after the initial dated signature of the contract.
2. Either party has a right to rescind the informed consent agreement within 30 days of the execution of the agreement.
3. Upon admission, each resident and, if applicable, the resident's designated person, shall be informed of resident rights and the right to lodge complaints without intimidation, retaliation or threats of retaliation by the residence or its staff persons against the reporter. Retaliation includes transfer or discharge from the residence.
4. Notification of rights and complaint procedures shall be communicated in an easily understood manner and in a language understood by or mode of communication used by the resident, and applicable, the resident's designated person.
5. The Department's poster of the list of resident's rights shall be posted in a conspicuous and public place in the residence.
6. A copy of the resident's rights and complaint procedures shall be given to the resident and, if applicable, the resident's designated person upon admission.
7. A statement signed by the resident and, if applicable, the resident's designated person acknowledging receipt of a copy of the resident's rights and complaint procedures, or documentation of efforts made to obtain signature, shall be kept in the resident's record.
8. A resident may not be discriminated against because of race, color, religious creed, disability, ancestry, sexual orientation, national origin, age or sex.
9. A resident may not be neglected, intimidated, physically or verbally abused, mistreated, subjected to corporal punishment or disciplined in any way. A resident must be free from mental, physical, and sexual abuse and exploitation, neglect, financial exploitation and involuntary seclusion.
10. A resident shall be treated with dignity and respect.

11. A resident shall be informed of the rules of the residence and given 30 days written notice prior to the effective date of a new residence rule.
12. A resident shall have access to a telephone in the residence to make calls in privacy. Non-toll calls must be without charge to the resident.
13. A resident has the right to receive and send mail. Outgoing mail may not be opened or read by staff persons unless the resident requests. Incoming mail may not be opened or read by staff persons unless upon the request of the resident or the resident's designated person.
14. A resident has the right to communicate privately with and access the local ombudsman.
15. A resident has the right to practice the religion or faith of the resident's choice, or not to practice any religion or faith.
16. A resident shall receive assistance in accessing health care services, including supplemental health care services.
17. A resident shall receive assistance in obtaining and keeping clean, seasonal clothing. A resident's clothing may not be shared with other residents.
18. A resident and the resident's designed person, and other individuals upon the resident's written approval shall have the right to access, review and request corrections to the resident's record.
19. A resident has the right to furnish his living unit and purchase, receive, use and retain personal clothing and possessions.
20. A resident has the right to leave and return to the residence at times consistent with the residence rules and the resident's support plan.
21. A resident has the right to relocate and to request and receive assistance, from the residence, in relocating to another facility. The assistance must include helping the resident get information about living arrangements, making telephone calls and transferring records.
22. A resident has the right to freely associate, organize and communicate privately with his friends, family, physician, attorney and other persons
23. A resident shall be free from restraints.
24. A resident shall be compensated in accordance with State and Federal labor laws for labor performed on behalf of the residence. Residents may voluntarily and without coercion perform tasks related directly to the resident's personal space or common areas of the residence.

25. A resident has the right to receive visitors at any time provided that the visits do not adversely affect other residents. A residence may adopt reasonable policies and procedures related to visits and access. If the residence adopts those policies and procedures, they will be binding on the residence.
26. A resident has the right to privacy of self and possessions. Privacy shall be provided to the resident during bathing, dressing, changing and medical procedures.
27. A resident has the right to file complaints, grievances or appeals with any individual or agency and recommend changes in policies, residence rules and services of the residence without intimidation, retaliation or threat of discharge.
28. A resident has the right to remain in the residence, as long as it is operating with a license, except as specified in §2800.228 (relating to transfer and discharge).
29. A resident has the right to receive services contracted for in the resident-residence contract.
30. A resident has the right to use both the residence's procedures and external procedures to appeal involuntary discharge.
31. A resident has the right to a system to safeguard a resident's money and property.
32. To the extent prominently displayed in the written resident-residence contract, a residence may require residents to use providers of supplemental health care services as provide in §2800.142 (relating to assistance with medical care and supplemental health care services). When the residence does not designate, the resident may choose the supplemental health care service provider. The actions and procedures utilized by a supplemental health care service provider chosen by a resident must be consistent with the residence's systems for caring for residents.
33. The resident has the right to choose his primary care physician.
34. A resident may not be deprived of his rights.
35. A resident's rights may not be used as a reward or sanction.
36. Waiver of any resident right shall be void.
37. Prior to admission, the residence shall inform the resident and the resident's designated person of the right to file and the procedure for filing a complaint with the Department's Assisted Living Residence Licensing Office, local ombudsman or protective services unit in the area agency on aging, the Disability Rights Network or law enforcement agency.
38. The residence shall permit and respond to oral and written complaints from any source regarding an alleged violation of resident rights, quality of care or other matter without retaliation or the threat of retaliation.

39. If a resident indicates that he wished to make a written complaint, but needs assistance in reducing the complaint to writing, the residence shall assist the resident in writing the complaint.
40. The residence shall ensure investigation and resolution of complaints. The residence shall designate the staff person responsible for receiving complaints and determining the outcome of the complaint. The residence shall keep a log of all complaints and the outcome of the complaints.
41. Within 2 business days after the submission of a written complaint a status report shall be provided by the residence of the complainant, the resident and the resident's designated person shall receive the status report unless contraindicated by the support plan. The status report must indicate the steps that the residence is taking to investigate and address the complaint.
42. Within 7 days after the submission of a written complaint, the residence shall give the complainant and, if applicable, the designated person, a written decision explaining the residence's investigation findings and the action the residence plans to take to resolve the complaint. If the resident is not the complainant, the affected resident shall receive a copy of the decision unless contraindicated by the support plan. If the residence's investigation validates the complaint allegations, a resident who could potentially be harmed or his designated person shall receive a copy of the decision, with the name of the affected resident removed, unless contraindicated by the support plan.
43. The telephone number of the Department's Assisted Living Residence Licensing Office, the local ombudsman or protective services unit in the Area Agency on Aging, the Disability Rights Network, the local law enforcement agency, the Commonwealth Information Center and the assisted living residence complaint hotline shall be posted in large print in a conspicuous and public place in the residence.
44. Nothing in §2800.44 (relating to complaint procedures) shall affect in any way the right of the resident to file suit or claim for damages.
45. Residents have the right to purchase groceries and prepare their own food in addition to the three meal plan required in §2800.220(b) (relating to service provision) in their living units unless it would be unsafe for them to do so consistent with their support plan.
46. The residence shall educate the resident of the right to question or refuse a medication if the resident believes there may be a medication error. Documentation of this resident education shall be kept.
47. A resident or a designated person has a right to request the review and modification of his support plan.



48. If the legal entity chooses to voluntarily close the residence or if the Department has initiated legal action to close the residence, the Department working in conjunction with appropriate local authorities, will offer relocation assistance to the residents. Except in the case of an emergency, each resident may participate in planning the transfer, and shall have the right to choose among the available alternatives after an opportunity to visit the alternative residences. These procedures apply even if the resident is placed in a temporary living situation.
49. If the relocation of residents is due to the failure of the residence to apply for a license, the Department will offer relocation assistance to the residents. This assistance will include each resident's involvement in planning the relocation, except in the case of an emergency. Each resident shall have the right to choose among the available alternatives after an opportunity to visit the alternative residences. These procedures will occur even if the residents are placed in a temporary living situation.

## AFTER PLACEMENT INFORMATION

### Handling Complaints

Careful selection of a personal care home should minimize the likelihood of problems. However, at times problems may arise and should be addressed. It is best to first follow the procedures established by the facility. If the issue cannot be resolved through this channel, the Area Agency on Aging's Long-Term Care Ombudsman program may be contacted.

### What is an Ombudsman?

- A trained individual who investigates complaints on behalf of residents in nursing facilities, personal care homes, and domiciliary care homes. The Ombudsman will also address problems with in-home services provided to those living in the community.
- A resident advocate who works to resolve these complaints to the satisfaction of both the resident and the facility.

### How does it work?

- The resident, family members or friends, contact the long term care ombudsman for questions or to register a complaint about the treatment or care of an individual in a LTC facility.
- The Ombudsman considers each complaint to determine what steps, if any, have been taken to resolve this issue with the personal care home or nursing facility administrator, director of nursing or social worker.
- With the consent of the resident, or responsible party if resident is unable to give consent, the Ombudsman contacts all parties involved and attempts to objectively resolve the complaint.
- If resolution at the local level is impossible, the complaint is referred to the State Long-Term Care Ombudsman at the Pennsylvania Department of Aging.

## IN-HOME SERVICES

Lebanon County Area Agency on Aging provides services primarily for county residents, 60 years of age and over, which enable them to remain independent within their own homes. Area Agency on Aging services includes care management, assessment of needs and services.

Services typically include assistance with meals, personal care, housekeeping and laundry; financial assistance with caregiving expenses; and Adult Day Care services. More intensive services may be offered to persons who are appropriate for nursing home care, to enable them to remain in their own homes. Nursing facility eligible persons who are 60 years of age and over and meet criteria for Medical Assistance eligibility may be served through the PDA Waiver program.

### DEFINITIONS OF CARE

#### Personal Care Home

Personal Care is a term meaning the supervisory care received by guests who need a protective facility mostly as an overseer for financial affairs, supervision of medication, diet, and other personal needs which they are beginning to have problems handling independently. Personal Care residents may have assistance with their personal care, and some of the exhausting tasks of independent living (i.e. laundry, cleaning, meal preparation, scheduling of appointments, etc.) which are performed by trained facility staff. The Personal Care resident is under the care of the staff physician, or his own physician in the community. The home provides food, shelter, and supervision for four or more adults. Residents do not require the level of care offered in a hospital or nursing home, Personal care is the right choice when, for reasons of comfort, safety and peace of mind, a senior and his/her relatives realize that professional assistance in a residential setting is appropriate.

#### Assisted Living Residence

Assisted Living Residence licensure is more stringent than Personal Care regulations and the facility can use the title "Assisted Living Residence" only if they have been approved for licensure.

For more information on Personal Care or Assisted Living Residence licensure and regulations, you may refer to the PA Department of Human Services' website, [www.dhw.state.pa.us](http://www.dhw.state.pa.us).

**PERSONAL CARE HOME PER DIEM RATE CHART RATES, AS OF 1/2021**

<b>FACILITY NAME</b>	<b>PRIVATE ROOM</b>		
<b>American House</b>	RATES VARY UPON INDIVIDUAL BASIS		
<b>Columbia Cottage</b>	Starts at \$128	RATES VARY UPON SIZE AND LOCATION OF UNITS AND CUSTOM CARE NEEDS OF INDIVIDUALS	
<b>Cornwall Manor</b>	\$213-270		Couples-\$309-349
<b>Dowhower PC Home</b>	RATES VARY UPON INDIVIDUAL BASIS		
<b>Elmcroft</b>	\$3,400 - 4750	RATES VARY UPON SIZE OF UNITS AND LEVEL OF CARE	2 <sup>ND</sup> person \$1,250/month in same room
<b>Juniper Village</b>	\$138-182	2 beds-\$111-125	Couples= \$202-231
<b>Hill Farm Estates</b>	\$106.50 – 128/day		
<b>Kadima Rehab &amp; Nursing at Campbelltown</b>	Skilled Nursing Private \$330	Skilled Nursing  Semi-Private \$320	Personal Care: LG Private/Shared Bath - \$95 Semi-Private/Shared Bath-\$79 XL Private/Shared Bath-\$110 XXL Private/Private Bath/ CCRC-\$111
<b>Lebanon Valley Home</b>	All Private Rooms	\$145-167 based on care needs	
<b>Linden Village</b>	\$4595/month-full bath	All Private Rooms	Memory Care \$5,525/month
<b>Londonderry Village</b>	\$200/day	2 beds - \$147/day	\$262/day Large Private
<b>Palmyra Heritage House</b>	Private Studio: \$4,000/month	Private Deluxe: \$4,400/month	\$5,400/month for Memory Care
<b>Richland Christian Home</b>	PLEASE CALL FOR RATES AND MORE INFORMATION		
<b>Riles Home—Aide Haven, Inc.</b>	PLEASE CALL FOR RATES AND MORE INFORMATION		
<b>Spang Crest Manor of Luthercare</b>	Private Room \$195-218	Large Private Suite \$255-279 2 <sup>nd</sup> Person- \$63-87	Semi-Private Suite \$161-183
<b>StoneRidge Retirement Living- Poplar Run</b>	\$185/day		
<b>Traditions of Hershey</b>	Starting at \$160/day		Private BR w/shared bath \$115/day

**American House**  
**25 South 9<sup>th</sup> Street**  
**Lebanon, PA 17042**  
**PHONE: 717-272-6678**  
**FAX: 717-272-7149**  
**EMAIL: [american\\_house@comcast.net](mailto:american_house@comcast.net)**



Lois Hummel  
**Owner**

Cindy Simpson  
Melissa Young  
**Co-Administrators**

The American House is a privately owned and operated Personal Care Home for individuals who need assistance with activities of daily living such as personal care, laundry, meals, medication administration and financial management.

The American House is located in center city of Lebanon on 9<sup>th</sup> Street, within a short walking distance of community businesses.

### **The Facility**

Number of beds – 74  
Visiting Hours (suggested)  
9am to 8pm  
3 levels, no elevator

### **Admissions/Payment Information**

Average Waiting Time for Admission  
depends on bed availability & suitability  
Accepts SSI Supplement  
No Admission Fee  
Payments due on a Monthly Basis

### **Staffing: 3 Administrators**

Personal Care Assistants  
Housekeeping  
Maintenance  
Dietary Staff

### **Special Features**

Resident Lounge w/TV, DVD  
Recreation Room w/TV, DVD, Radio  
Smoking permitted outside, **only** in  
smoking areas

### **Resident Programs**

Arts and crafts  
Bingo  
Ice Cream Socials

**Columbia Cottage**  
103 N Larkspur Drive  
Palmyra, PA 17078  
PHONE: 717-832-2900  
[www.columbiacottage.com](http://www.columbiacottage.com)

**Andrea Henney, LPN, PCHA**  
Managing Director

**Jenna Swope, LPN, PCHA**  
Resident Services Director



**Columbia Cottage** is a licensed Assisted Living Community nestled on the edge of the Thistledown Development on Route 322 (3 miles from the Hershey Medical Center). Along with three other communities in Pennsylvania, it is owned and operated by The Horst SeniorCare Group from Lancaster. Columbia Cottage is unique in having ten levels of individualized care. It is the ONLY licensed Assisted Living in Lebanon County. Our ten levels include independent-living through providing personal care assistance and serving as an alternative to skilled nursing without a change in location. We also provide memory support.

### **The Facility**

Number of Units – 52  
Open Visiting (not during Covid restrictions)

### **Admission/Payment Information**

Admission upon unit availability  
Private Pay community  
Monthly payment depending on size and location of unit

### **Staffing**

Managing Director  
Resident Services Director  
RNs and LPNs  
Certified Nurse Aides  
Coordinators  
Homemakers  
Food Services Director and Assistant  
Maintenance

### **Special Features**

Country Kitchen  
2 Enclosed Courtyards  
Beauty Shop  
Home-like Environment  
One-level Living  
Communal Areas  
52 Private Units

### **Resident Programs**

Unique 10 Levels of Care  
Daily Activities  
Church Services  
Intergenerational Programs  
Outings  
Posit Science (Brain Fitness Program)

### **Services**

3 Home Cooked Meals daily  
Assistance with Medications  
Housekeeping  
Transportation  
Laundry  
Social and Recreational Programs  
Support to persons living with dementia

**Cornwall Manor**  
**P. O. Box 125**  
**Cornwall, PA 17016-0125**  
**PHONE: 717-273-2647**  
**FAX: 717-274-8052**

**Mr. Lee Stickler**  
President

**Courtney Gruber**  
Personal Care Manager



**Cornwall Manor** was founded in 1949 in mission with the Eastern Pennsylvania Conference of the United Methodist Church. As a non-profit home, it is part of a Continuing Care Retirement Community (CCRC). In addition to the residential lifestyle options in a wide variety of houses and apartments, a full scope of health services are available on the 200 acre campus.

Located a short distance from Mt. Gretna, the campus is surrounded by beautiful woodland scenery.

### **The Facility**

Number of Rooms – 30  
Visiting Hours (suggested)-anytime  
Skilled Care Facility Available

### **Admission/Payment Information**

Average Waiting Time for Admission  
depends on availability  
No Admission Fee  
Payments Due on a Monthly Basis  
Exercise

### **Staffing**

LPNs  
Certified Nurse Aides  
Social Worker  
Therapy Services  
Pastoral Care  
Housekeeping  
Maintenance

### **Special Features**

Activity Rooms  
Chapel  
Laundry Rooms  
Beauty Shop  
Resident Lounge w/TV & VCR

### **Resident Programs**

Arts & Crafts  
Bible Study  
Musical Events

Movies  
Cards

### **Other**

Visiting Physician's Office: on  
site access to Physicians  
The Wright Family Wellness Center  
Fitness Equipment

**Dowhower Personal Care Home**  
**120 South 10<sup>th</sup> Street**  
**Lebanon, PA 17042**  
**717-821-5020**

**Lauren Moskal, B.S.**  
Administrator



**Dowhower Personal Care Home** offers a home-like atmosphere, located a few blocks from downtown Lebanon.

### **The Facility**

Number of Beds – 36

Visiting Hours (suggested): 8 a.m. to 8 p.m.

### **Admission/Payment Information**

Accepts SSI Supplement

Private Pay Beds Available

Payments due on a Monthly Basis

No Admission Fee

### **Average Waiting Time for Admission**

Depends on Bed Availability

### **Staffing**

Counselors

CNAs on staff

### **Resident Programs**

Halcyon Activity Center

Trips to local events

Shopping Malls

Picnics



**Elmcroft**  
**860 Norman Drive**  
**Lebanon, PA 17042**  
**PHONE: 717-228-0909**  
**FAX: 717-228-2719**



**Stacy Bomberger**  
Executive Director

**Michelle Randolph**  
Sales Director

**Elmcroft** of Lebanon, established in September 2007, is a part of Eclipse Senior Living based out of Portland, Oregon. Residents in our Senior Living Communities are proud of the independence they maintain while enjoying the security of 24-hour personalized assistance, including a helping hand with day-to-day tasks such as bathing, dressing, and medication monitoring. At Elmcroft, you will enjoy comfortable, secure surroundings that feel just like home, without the hassle of daily chores and upkeep. Also provided with transportation, restaurant style dining, engaging activities, housekeeping and linen services, paid utilities, and a 24-hour emergency call system, each of your needs is met by our caring staff.

### **The Facility**

Number of Beds – 57 Private Apts.  
Visiting Hours Anytime

### **Admission/Payment Information**

Average Waiting Time for Admission  
depends on Bed Availability  
Payments Due on a Monthly Basis  
All Inclusive

### **Special Features**

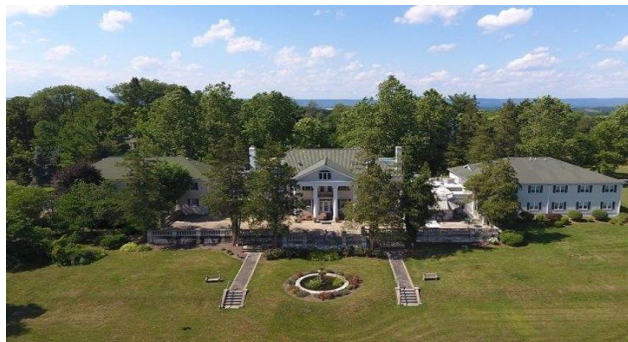
Laundry Services  
Pantry Area  
Beauty Shop  
Restaurant Style Fine Dining  
Medical Transportation  
Guest Lectures  
Spa/Whirlpool  
Activity Room  
Living Room w/Fireplace  
Weekly Group Outings  
Cable Television  
Housekeeping  
Maintenance  
Eye Glass Maintenance Clinics  
Yearly Hearing Screenings  
Spa  
Small Pets Allowed

### **Staffing**

LPNs or Resident Assistants provide  
direct care on every shift  
Resident centered physical, occupational  
and speech therapy provided in-house  
by Genesis Rehabilitation Services

### **Resident Programs**

Arts and Crafts  
Bingo  
Baking  
Day Trips  
Mall/Restaurant  
Gardening  
Sing-A-Long  
Happy Hour  
Family Nights  
Musical Entertainment  
Church Services  
Bible Study  
Devotions  
Exercise Classes  
Painting Classes  
Cards/Dominoes  
Wii Tournaments



**Hill Farm Estate**  
**200 Kauffman Road**  
**Annville, PA 17003**  
**PHONE: 717-867-5176**  
**EMAIL: [operations@hillfarmestate.com](mailto:operations@hillfarmestate.com)**  
**WEBSITE: [www.hillfarmestate.com](http://www.hillfarmestate.com)**

In Lebanon County right near Dauphin County, at **Hill Farm Estate Personal Care Home**, you will find the best senior living value in the form of quality senior service. The view from the Federal-style mansion encompasses the beauty of the landscaped gardens with a majestic fountain, as well as a breathtaking view of the Lebanon Valley. If you have concerns with falls, taking medications, getting nursing care, or any activities of daily living, we can help.

### **The Facility**

Number of Beds – 54  
Visiting Hours – Anytime

### **Admission/Payment**

Documentation can be filled  
from the comfort of your home  
or at our facilities.  
Request Bed Availability Flyer  
Payment due on a Monthly Basis  
One Month Advance on Admission  
One price, No level of care

### **Respite Care**

Depends on Bed Availability

### **Staffing**

CNA  
Personal Care Aides  
Cooks  
Dietary Aides  
Activities Director  
Housekeeping Personnel  
Maintenance Personnel  
Laundry Technician

### **Special Features**

Library  
Beauty Shop  
Scenic Flower Garden  
Outside Terrace  
Resident Lounges  
Recreational/Activities

### **Resident Programs**

Arts & Crafts  
Bible Study  
Daily Devotions  
Live Music  
Exercise  
Movies  
Cards  
Bingo



1125 Birch Road,  
Lebanon, PA 17042  
PHONE: 717-272-8782  
FAX: 717-272-8809

**Juniper Village at Lebanon** is owned and operation by Juniper Communities, LLC. Our mission and pledge is to promote an active body, engaged mind, and fulfilled spirit in each individual we touch. Our communities and signature programs are designed to do just that!

Juniper Village at Lebanon offers beautiful and spacious surroundings including large gathering room with stone fireplace, open dining room with view of our lovely green space, multiple activity rooms, and a variety of private and semi-private suites.

Our programs include Connections – activities designed to promote healthy aging; Partners in Caring – to offer additional health services such as physical, occupational and speech therapy; H’art of Dining – designed to share the joy of good food and spirited service. These are just three of the many quality programs offered at Juniper Village.

We offer both personal care and independent living accommodations. Our personal care suites include private bathrooms, kitchenettes, and are individually temperature controlled. An unlike many other independent living communities, there is no up-front buy in for our Garden Apartments. Fees and rates are as follows:

**Personal Care – 82 units**

<b>Private suites</b>	<b>\$4200 to \$5535 per month</b>
<b>Semi-private suites</b>	<b>\$3375 to \$3820 per month</b>

**Garden Apartments – 40 units**

<b>One bedroom</b>	<b>\$1725 to \$2205 per month</b>
<b>Two bedroom</b>	<b>\$2005 to \$2450 per month</b>

**Kadima Rehab and Nursing at Campbelltown**  
**2880 Horseshoe Pike**  
**Palmyra, PA 17078**  
**PHONE: 717-838-2231**  
**FAX: 717-838-2064**



**Latifa Scott**  
Administrator

**Susan Deitzler, LPN/PC**  
Administrator

**Kadima Rehab and Nursing at Campbelltown** is a personal care facility as well as a skilled nursing unit. The newly renovated and redecorated single-story construction of the building allows easy access to all parts of the building.

**Located** along Route 322 in the center of Campbelltown.

### **The Facility**

Number of Beds:

Skilled beds – 53

PC beds – 24

Visiting Hours (suggested)

24 hours/day

Nursing Care Facility Available

### **Admission/Payment Information**

Average Waiting Time for Admission

Depends on Bed

No Admission Fee

Payments Due One Month in Advance

### **Staffing**

Personal Care Aide

Social Worker

Activities Coordinator

Therapy Services Available

Dietician

Podiatrist

Psychiatrist

Optometrist Available

Audiologist

### **Resident Programs**

Arts & Crafts

Bible Study

Bingo

Exercise

Movies

Shopping Trips

Sunday Church Service

Pet Therapy

Variety of Musical Programs

### **Special Features**

Activities Room

Outdoor Courtyard

is surrounded by  
buildings for security

Sun Room

Resident Lounge w/TV

Laundry Room

Library

Beauty Shop

**Other:** Respite Care on Personal Care wing, depending on availability

**Lebanon Valley Home**  
**550 East Main Street**  
**Annville, PA 17003**  
**PHONE: 717-867-4467**  
**FAX: 717-867-7060**



***Meredith Schell Fields, NHA***  
 Executive Director

***Sandra Epting, PCHA, LPN***  
 Personal Care Home Administrator

**Lebanon Valley Home**, in addition to Licensed Personal Care, has a 55 bed, skilled nursing care facility available and 12 Independent Living cottages.

**Located** on Main Street (Route 422) in Annville.s

### **The Facility**

Number of Beds – 40  
 Visiting Hours (Suggested):  
     Anytime  
 Nursing Care Facility Available

### **Admission/Payment Information**

*Average Waiting Time for Admission*

Depends on Bed Availability

No Admissions Fee

No Application Fee

Payment Due on a Monthly Basis

### **Staffing**

Resident Asst 24 hrs/day  
 Social Worker  
 Activities Director  
 Chaplain  
 Physical, Occupational  
     and Speech Therapist  
 LPN Daily  
     24 Hours

### **Special Features**

Activities Room  
 Chapel  
 Laundry Room  
 Beauty Shop  
 Locker Rooms (for  
     additional storage)  
 Private Dining Room  
 Patio  
 Fireplace  
 Private Rooms  
 Resident Lounges w/Big  
     Screen Televisions  
 Internet Access

### **Resident Programs**

Arts & Crafts  
 Bible Study/Worship  
 Bingo  
 Musical Events  
 Exercise  
 Movies  
 Cooking  
 Birthday Meal Program  
 Cards

Coffee/Snack Stations  
 Special Meals/Programs  
 Computers w/Internet  
 Out of House Trips  
 Holiday Happenings  
 Pet Visits  
 Wii  
 Manicures  
 Library  
     (books/audiobooks)  
 Resident Council  
 Puzzle Table

**Linden Village**  
**100 Tuck Court**  
**Lebanon, PA 17042**  
**PHONE: 717-274-7400**  
**FAX: 717-274-8800**



**Margie McCarty**  
Executive Director

At Linden Village our residents have Choice, Purpose, & Independence. Choices they make, Purposes they have, and Independence they continue to enjoy. Our Continuum of Care offers a wide range of services on one Campus. Resident Programming provided daily with many different options to choose from. The Longevity of our Staff and the Experience of our Dedicated Team is why we have been able to care for the Lebanon Community and over 500+ residents for over twenty three years!

Linden Village is a unique one story Personal Care Community designed to enhance community style living. Four Cottages are connected by pathways to our community center, making it a neighborhood brimming with life! Each of our cottages features 16 private rooms to include common family rooms, living and dining rooms. Three of our cottages are designed to meet the needs of residents with Alzheimer's and related Dementias with specialized programming and a beautiful protected outdoor courtyard.

### **The Facility**

Number of Beds – 64  
Visiting Hours: Anytime  
Our campus offers a continuum of care – on a “space available” basis with our Skilled Nursing and Rehab

### **Admission/Payment Information**

#### **Average Waiting Time for Admission**

We are able to accommodate appropriate residents within a short period of time  
We accept Weekend Admissions  
Move-in Fee  
Payment Due on a Monthly Basis

### **Staffing**

RNs – On-call  
LPNs – 24 hr/day  
Caregivers – 24 hr/day in each cottage  
Program Services Coordinator  
Resident Services Coordinator  
Maintenance  
Housekeeping

### **Special Features**

Great Room for Community and Family Events  
Beauty/Barber Shop  
Home-like Décor  
Family Room  
Family-style meals  
All Rooms are private with full or half bath  
Laundry Room  
Living Room w/TV and Fireplace  
Therapy Services  
(PT, OT, Speech Therapy)

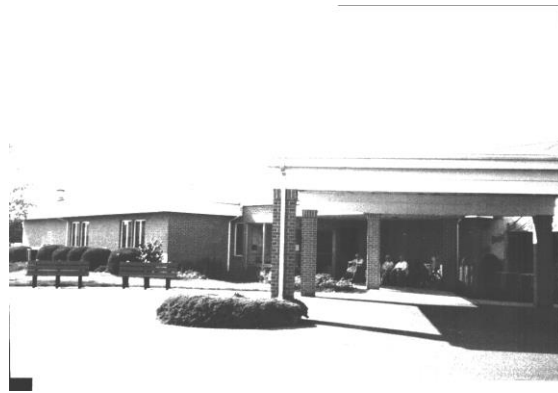
### **Resident Programs**

Arts & Crafts  
Men's/Women's Clubs  
Bingo  
Musical Events  
Daily Exercise  
Daily Devotions  
Cards/Board Games  
Intergenerational Programming  
Heart's Desire  
Resident Council  
Engagement Therapy  
Programming

**Londonderry Village**  
**1200 Grubb Street**  
**Palmyra, PA 17078**  
**PHONE: 717-838-5406**

**Diana Shearer**  
Personal Care Administrator

**Stacy Light**  
Admission Coordinator



**Londonderry Village** is a Christian Community of elderly persons. The Home is an outreach ministry of the Church of the Brethren. In addition to personal care, other options available are independent living (apartments, cottages, duplexes) and nursing care.

**Located** south of Forge Road from Route 422, then approximately 2 miles, then left onto Londonderry Boulevard and turn right onto Grubb Street.

### **The Facility**

Number of Beds – 33  
Visiting Hours (suggested)  
10:00am to 8:00pm  
Nursing Care Facility Available

### **Admission/Payment Information**

Average Waiting Time for Admission  
Depends on Bed Availability  
Payments Due on a Monthly Basis

### **Special Features**

Activities Room  
Laundry Room  
Resident Lounge w/TV  
Snack Shop  
Therapeutic Pool  
Gift Shop  
Library  
Exercise Room  
Convenience Store  
Thrift Shop  
Bank  
Pharmacy  
Hair Care Shop  
Transportation

### **Staffing**

LPNs  
Personal Care Assistants  
Therapeutic Recreation  
Chaplain  
Housekeeping  
Dietary  
Med Techs

### **Resident Programs**

Arts & Crafts  
Bible Study  
Bingo  
Musical Events  
Exercise  
Movies  
Cooking  
Sewing  
Cards  
Outside Bus Trips

### **Other**

Adult Day Care (AAA)  
Massage Therapy  
Speech, Occupational & Physical Therapies

**Palmyra Heritage House**  
**616 W Main St**  
**Palmyra, PA 17078**  
**PHONE: 717-838-9000**  
**FAX: 717-838-9002**



***Jordan Aldinger***  
**Administrator**

**Our facility is specially designed to meet the needs of seniors requiring assistance with the activities of daily living, in a home-like environment. Palmyra Heritage House also caters to those with memory care needs. We offer a secured memory care unit that provides the utmost in professional, personal care to our residents. Our dedicated staff of professionals is here to provide continual care and attention to your loved ones. We are focused care, with a helping hand, with peace of mind and with compassion.**

### **The Facility**

Number of Beds -36  
 29 Personal Care  
 7 Secured Memory Care

### **Admission/Payment Information**

One Time Community Fee  
 First Month Prorated  
 meet each resident's needs

### **Special Features (example list only)**

Bathing  
 Grooming  
 Dressing  
 Meal Preparation  
 Medication Management  
 Library  
 Beauty Salon  
 Living Room w/Fireplace  
 General Housekeeping  
 Laundry Services  
 Pharmacy Services  
 Medical Care and  
 Appointment Coordination  
 24 Hour Staffing  
 5-Levels of Care-  
 personalized to meet each  
 resident's needs

### **Resident Programs (example list only)**

Gardening  
 Arts & Crafts  
 Religious Services  
 Group Exercise  
 Bird Watching  
 Birthday Parties



**Richland Christian Home**  
**Richland Christian Home, Inc.**  
**211 Race Street**  
**P. O. Box 735**  
**Richland, PA 17087**  
**PHONE: 717-628-1530**



**Mary Cater**  
Administrator

**PLEASE CALL FOR FACILITY AND SERVICE INFORMATION AND  
RATES**

**Riles Home – Aide Haven, Inc.**  
**409 E. Lincoln Avenue**  
**Myerstown, PA 17067**  
**PHONE: 717-866-7989**  
**FAX: 717-274-3191**

**Veronica Rile**  
LPN, Administrator

### **The Facility**

Number of beds - 6

### **Admission/Payment Information**

Daily rates available

### **Services Provided**

Short and Long Term

Hospice and Respite services available if admission requirements are met

### **Staffing**

LPN

CNA

Home Health Aides

(\*Staff background checks are completed)

**Spang Crest Manor of Luthercare**  
**945 Duke Street**  
**Lebanon, PA 17042**  
**PHONE: 717-274-1495**



**Daniel Deitzel, NHA**  
Executive Director SCM

**Troy Herzer, LPN, PCHA**  
Personal Care Manager

**Spang Crest Manor Personal Care Christman Memory Center** offers personal care services through its 14 Personal Care units for early stage memory support care.

### **The Facility**

10 Private Rooms  
3 Large Private Suites  
1 Semi Private Suite

### **Admission/Payment Information**

Average Waiting Time for Admission – 1 month

### **Special Features**

Secured Courtyard  
Secured Memory Support Unit  
Transition to Skilled Care, if needed

### **Staffing – 24 hour staffing**

LPNs  
CNAs  
Companions

### **Resident Program**

Assistance w/Activities of Daily Living  
Medication Management  
Specialized Activities-Social & Recreational  
Hairdresser on Site  
Special Diets available  
On-site: Physical Therapy  
Occupational Therapy  
Speech Therapy  
Podiatry Care available

**StoneRidge Retirement Living**  
**StoneRidge Poplar Run**  
**Personal Care**  
**450 East Lincoln Avenue**  
**Myerstown, PA 17067**  
**PHONE: 717-866-3208**  
**FAX: 717-866-3286**



**Leanne Kemmerling**  
Personal Care Administrator

**StoneRidge – Poplar Run** offers personal care services through its Personal Care unit. In addition to personal care, the community offers a variety of services from independent living through skilled nursing.

**Located** along Route 422 on 26 acres in rural Myerstown.

### **The Facility**

Number of Beds – 36  
Visiting Hours – Anytime  
Nursing Care Facility Available

### **Admissions/Payment Information**

Payments Due on Monthly Basis

### **Average Waiting Time for Admission**

Depends on Bed Availability

### **Staffing**

LPN  
Nurses Aide  
Activities  
Physical Therapy  
Occupational Therapy  
Speech Therapy  
Transportation  
Chaplain  
Dietary  
Housekeeping  
Maintenance  
Laundry

### **Special Features**

Activities Room  
Beauty Shop  
Resident Lounge w/TV  
Library  
Gift Shop  
Spacious Patios  
Restaurant  
Outdoor Living Space  
Small Kitchenette

### **Resident Programs**

Arts & Crafts  
Bible Study  
Bingo  
Musical Events  
Exercise  
Movies  
Bus Trips  
Discussion  
Reminisce  
Trivia

**StoneRidge Retirement Living**  
**StoneRidge Towne Centre**  
**7 West Park Avenue**  
**Myerstown, PA 17067**  
**PHONE: 717-628-5500**  
**FAX: 717-866-3485**



**Steven Reiter, CPA**  
President/CEO

**Courtney Nielson**  
Nursing Home Administrator

Towne Centre Personal Care has closed, but nursing care continues.

Towne Centre, located along Route 501 in Myerstown, offers many services including long-term skilled nursing and short-term rehab. The community is a proud part of StoneRidge Retirement Living Communities which has a long history of providing quality care in south central PA. Many of the caregivers have been providing compassionate care here for decades. This is why so many of our residents recommend our care to friends and neighbors. We are grounded in our Christian values and strive each and every day to live our lives in service to our residents.

### **Admissions/Payment Information**

Payment Due on Monthly Basis

#### **Staffing**

Nurse  
Nurses Aide  
Activities  
Physical Therapy  
Occupational Therapy  
Speech Therapy  
Transportation  
Chaplain  
Dietary  
Housekeeping  
Maintenance  
Laundry

#### **Resident Programs**

Arts & Crafts  
Bible Study  
Bingo  
Musical Events  
Electronic Games (Wii)  
Movies  
Bus Trips  
Discussion  
Reminisce  
Trivia

#### **Special Features**

Activities Room  
Beauty Shop  
Resident Lounge w/TV  
Library  
Garden Area



**100 N. Larkspur Drive  
Palmyra, PA 17078  
PHONE: 717-838-2330  
FAX: 717-838-9026**

**<http://www.traditionsofhershey.com>**

**Mike Lapinsky, Executive Director  
Becky Weaver, Resident Care Director**

**Traditions of Hershey** is a unique senior community located on the outskirts of Hershey, Pennsylvania between Harrisburg and Lebanon. Traditions of Hershey offers both Independent and Personal Care apartments. Independent Living residents enjoy the luxury of a carefree lifestyle with the conveniences of a five-star hotel! Our personal care program provides 24-hour assistance, such as help with medication management, bathing and dressing.

**Personal Care Beds - 36**

**Apartment Units - 120**

**Payment Type - Monthly lease. No buy-in needed**

**Respite/Transitional Care Daily Rates**

### **Personal Care Services**

Research shows that seniors who receive proper nutrition, stay fit, and engage in an active social life live longer, happier and healthier. Our Personal Care community provides assistance with basic care needs in an environment that provides healthy meals, exercise programs and a full social calendar of activities. In addition, our Personal Care Program provides residents with daily health monitoring by a professional staff of nurses and caregivers.

### **Community Features:**

- 24-hour personal care assistance with professional nurse
- on site or on call
- Three meals served daily in our dining room, plus daily snacks
- A variety of therapeutic and social activities
- Scheduled group transportation
- On-site Beauty and Barber services
- Laundry and Housekeeping services
- State-of-the-art Pharmacy services
- Emergency Medical Alert Systems
- On-site Therapy Services
- Secured entrances
- Small pets welcome
- Physician communication
- Posit Science Brain Fitness Program

### **Monthly Rent Includes:**

- 24-hour personal care assistance with professional nurse on site or on call
- Three Delicious well-balanced meals served daily plus daily snacks (we accommodate special diets)
- A variety of therapeutic and social activities including exercise programs, health clinics, music programs, cooking classes and movies
- Scheduled transportation to local medical appointments, cultural and sporting events, restaurants and shopping
- Laundry and housekeeping services
- On-site healthcare services including therapy and pharmacy
- Emergency Medical Alert system
- Medication Management
- Posit Science Brain Fitness Program
- Individual care coordinated by Personal Care director
- Physician communication
- All utilities except telephone and cable
- Trash removal
- Maintenance of community interior, grounds and parking areas

### **Affordable Living:**

You will find our monthly service fee very affordable. There are no buy-in or entrance fees, long term leases, or hidden costs. We provide what you need to maintain a healthy lifestyle at a price you can afford.

